

About us

Youth Outreach Services (YOS) is a nonprofit human service agency dedicated to caring for youth in and around Chicago, inspiring positive development in their lives, families, and communities.

Founded in 1959, YOS has served over 300,000 youth through a wide variety of prevention, counseling, juvenile justice, and child welfare services.

We believe all kids are capable of excellence and are committed to providing the community-based support they need to overcome challenges and succeed.



Committed to caring. Inspiring change.

Connect With Us

Youth Outreach Services
Administrative Office
2411 W. Congress Pkwy
Chicago, Illinois 60612



(773) 777-7112



www.yos.org



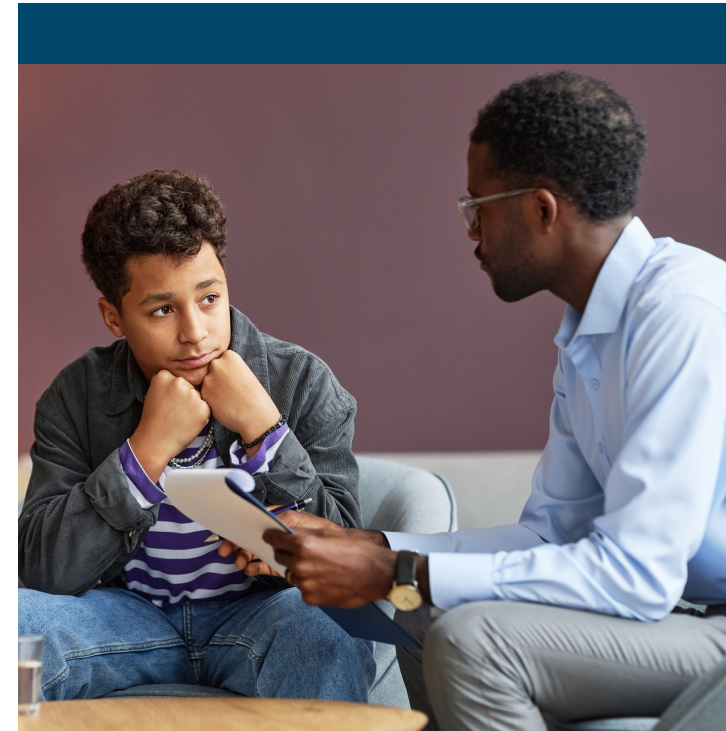
info@yos.org

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or @YOSChicago



Multisystemic Therapy Program (MST)

YOS provides counseling services for youth and their families to address challenges affecting their relationships at home, school, and in the community.



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What is Multisystemic Therapy (MST)?

A family-focused, evidence-based program designed to support young people between the ages of 11 and 17 who struggle with complex emotional, social, academic, and delinquent issues.

- Truancy
- Criminal activity
- Drug and alcohol abuse
- Poor academic performance
- Runaway tendencies
- Serious disrespect and disobedience
- Aggressive behaviors (i.e., fighting and property destruction)



Our Services

- Mental Health Counseling
- Substance Use Intervention
- 24/7 Crisis Intervention
- Customized therapy within the home, school, and community.
- YOS offers two MST adaptations, including
 - MST for Problem Sexual Behavior (MST-PSB)
 - MST for Emerging Adults (MST-EA)



Our Program

At YOS, we understand that young people and their families or caregivers often face challenging situations in their daily lives. That's why we provide personalized, in-home Multisystemic Therapy (MST) services around the clock for 3-6 months.

Our skilled staff work closely with families to create customized treatment plans that reflect their unique values, beliefs, and culture. We use evidence-based care to help families achieve positive outcomes.

Program Goals

- Prevent youth from being removed from their homes, encourage them to stay in school, or working.
- Reduce criminal activity and other forms of antisocial behavior, such as drug abuse.
- Provide parents and caregivers with the tools they need to transform the lives of troubled youth.
- Address challenges for growth and learning opportunities.



YOS believes the family unit is an incredible asset in every youth's life and it should be nurtured and maintained. We are here to help you do just that.

**BELIEVE IN
YOURSELF**

Contact us today at Info@yos.org to learn how we can support your family.